

# BRAINERD HIGH SCHOOL

## Curriculum Map

Name: Doris Coulter      Course: Family and Consumer Science 1 \_\_\_ Date: August 17, 2007

Pre-Assessment: \_\_\_\_\_

Mid-Term Assessment: \_\_\_\_\_

Final Assessment: \_\_\_\_\_

<u>Month</u>	<u>Content</u>	<u>Essential Question(s)</u>	<u>Standards (SPI's)</u>	<u>Literacy Focus</u>	<u>Assessment</u>
<b>Aug</b>	1. The journey ahead. 2. Working with change 3. Personality development. 4. Development a self-concept & self-esteem 5. Realizing your Potential.	1. How to make sense of me and my world?	2.0 Students will evaluate factors that impact individual growth and development in areas related to self-understanding, personal decision making, communication, and interpersonal relationship	-Read aloud -Spelling and definition -journal -Essay writing	* Project/Presentation <input type="checkbox"/> Teacher Observation <input type="checkbox"/> Show and Tell *Self-Assessment *Test/Quiz * Other _____
<b>Sept</b>	1. Values as a guide 2. Kinds of values 3. Learning values 4. Needs for Goals 5. Identifying Goals 6. Examine Resources 7. Facing Challenge 8. Kinds of decisions 9. The impact of Decision 10. Building relationships	What good are values and goals in my life?  Decisions, Decisions! How can I make the right one?	5.0 Students will integrate knowledge, skills and practices required for management of human, economic, and environmental resources in the family, workplace, and community.  4.0 Students will assess personal decisions and skills relating to parenting roles and responsibilities.	-Read aloud -Spelling and definition -journals -Essay writing -Magazine articles	* Project/Presentation <input type="checkbox"/> Teacher Observation <input type="checkbox"/> Show and Tell * Self-Assessment * Test/Quiz <input type="checkbox"/> Other _____
<b>Oct</b>	1. Six main nutrients. 2. Nutrients and	Why is it important to eat healthy?	6.0 Students will apply nutrition and food principles that enhance	-Read aloud -Spelling and definition -journal	* Project/Presentation <input type="checkbox"/> Teacher Observation <input type="checkbox"/> Show and Tell <input type="checkbox"/> Self-Assessment

	calories 3. Making choices for health 4. Food groups and food pyramid 5. Dietary guidelines		Individual and family well Being across the life span	-Essay writing - Cooperative group activities	* Test/Quiz <input type="checkbox"/> Other_____
<b>Nov</b>	1. Kitchen Safety and Sanitation 2. Units of measure. 3. Measuring techniques. 4. Cooking equipment. 5. Preparing food items from various food groups. 6. Manners 7. Table setting 8. Sewing Safety 9. Equipment 10. Using the pattern 11. Basic sewing techniques	What is a proper way to prepare a great meal?  What are the basics of making clothing?	6.0 Students will apply nutrition and food principles that enhance Individual and family well Being across the life span  8.0 Demonstrates safety practices when using and caring for sewing tools and equipment	- Cooperative group activities - Individual leaning skills	* Project/Presentation * Teacher Observation <input type="checkbox"/> Show and Tell * Self-Assessment <input type="checkbox"/> Test/Quiz <input type="checkbox"/> Other_____
<b>Dec</b>	1. Equipment 2. Using the pattern 3. Basic sewing techniques	What are the basics of making clothing?	8.0 Demonstrates safety practices when using and caring for sewing tools and equipment	- Individual leaning skills	* Project/Presentation * Teacher Observation <input type="checkbox"/> Show and Tell * Self-Assessment <input type="checkbox"/> Test/Quiz <input type="checkbox"/> Other_____